



ROYAL SALINAS PALACE

The Vanguard of Active Longevity.

Where rigorous medical science meets palatial luxury.
Establishing the global standard since 1912.

Integrative Medicine Wrapped in Boutique Hospitality



Medical Credibility

A commitment to preventive, regenerative, and integrative medicine. Every program is meticulously tailored to the individual's metabolic and health profile.



Uncompromising Comfort

A seamless blend of advanced clinical interventions with the warmth and dietary wellness of luxury boutique hospitality.

Architecture Engineered for Cellular Recovery

A wide-angle photograph of a luxurious indoor pool. The pool is rectangular and filled with clear, turquoise water. In the center of the pool is a circular stone island with a large, mature olive tree growing from it. A person is swimming in the pool near the island. To the right of the pool, there is a long wooden deck with several lounge chairs and cushions. A large potted plant is on the deck. The pool is surrounded by high, light-colored stone walls. Large windows on the far wall offer a view of a green landscape. The ceiling is made of wooden beams with skylights. In the foreground, a person is sitting on the edge of the pool, looking out. Another person is lying on a lounge chair in the bottom left corner.

Biophilic Design: Central flora promotes mental clarity and nervous system down-regulation.

Hydrotherapy: Mineral-rich thermal waters calibrated for optimal cellular recovery and physical restoration.

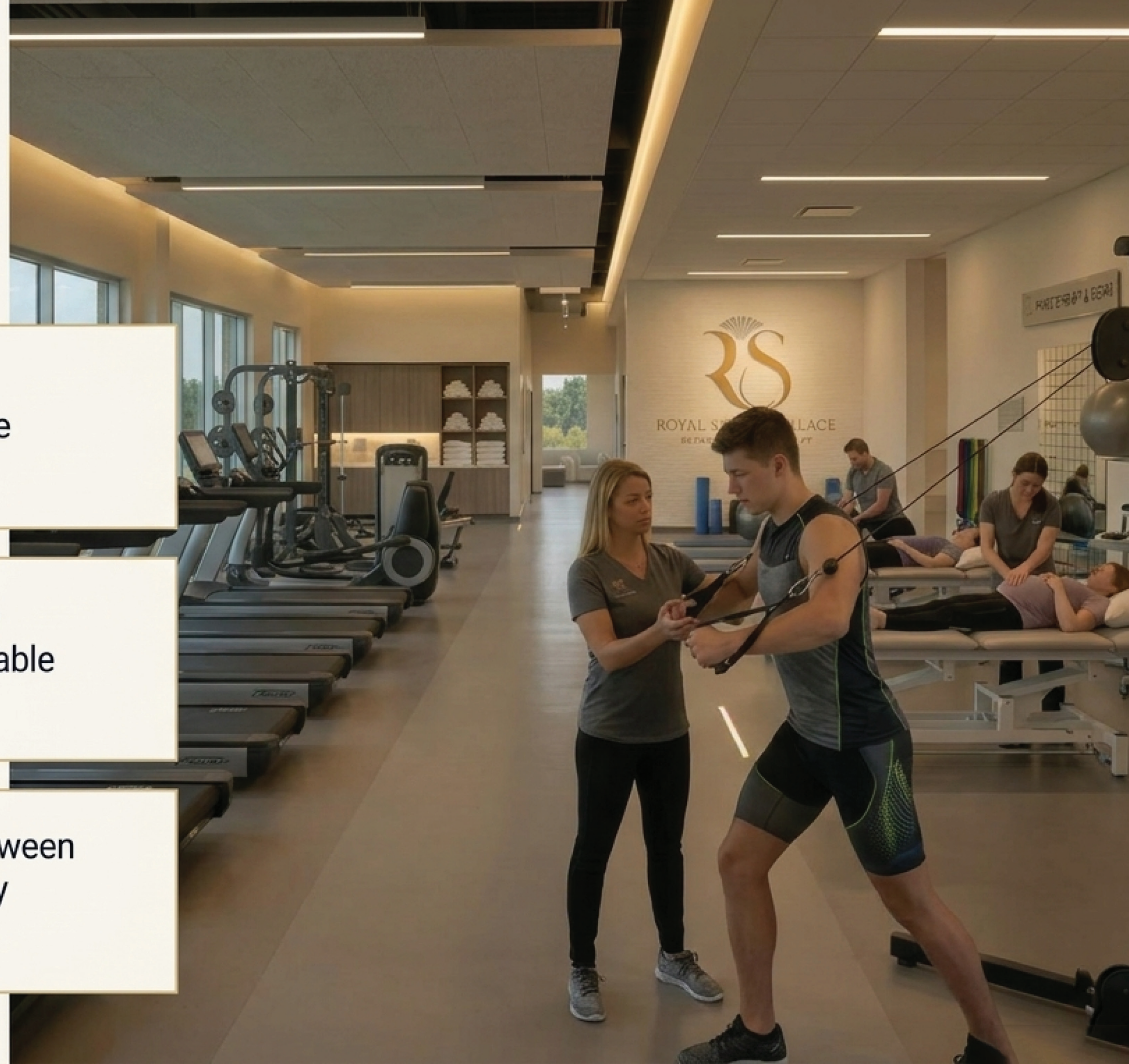
Luminotherapy: Abundant natural light deliberately aligned with guest circadian rhythms.

Elite Physical Restoration

Biomechanical Correction: Targeted physiotherapy sessions designed to restore peak physical function and mobility.

Expert Supervision: Dedicated one-on-one guidance in a sterile, exceptionally comfortable environment.

Seamless Integration: Bridging the gap between medical credibility and the comfort of luxury hospitality for total physical restoration.



Foundational Pathways: Detoxification & Composition

Pack Advanced Detox & Reset

3 days (with accommodation)	3.060€
7 Days (with accommodation)	6.300€
10 Days (with accommodation)	9.360€

Pack Weight and Body Rebalance

7 Days (with accommodation)	6.600€
10 Days (with accommodation)	10.750€
14 Days (with accommodation)	14.950€

Price includes accommodation in classic room with bed & breakfast

Advanced Pathways: Optimization & Longevity

Pack Peak Performance & Recovery

7 Days (with accommodation)	6.780€
10 Days (with accommodation)	10.980€
14 Days (with accommodation)	15.060€

Pack Longevity and Well-Aging

7 Days (with accommodation)	7.440€
10 Days (with accommodation)	11.040€
14 Days (with accommodation)	15.960€

Price includes accommodation in classic room with bed & breakfast

Pack Ultimate Longevity Experience

The pinnacle of the Royal Salinas methodology. This pathway removes all boundaries, offering unrestricted, dynamically tailored access to the entire triad of Clinical Nutrition, the Thermal Spa, and Advanced Physiotherapy. It is the complete experience.

14 Days (with accommodation)	19.200€
21 Days (with accommodation)	24.900€

Price includes accommodation in classic room with bed & breakfast

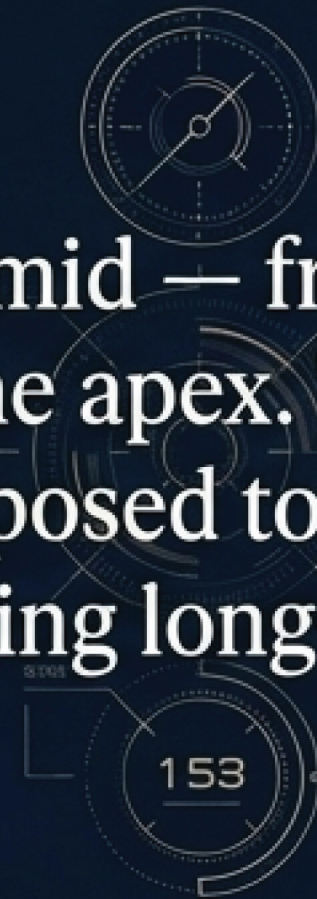
WELLNESS PROGRAMS

Professional & Commercial Summary

Royal Salinas Palace — Thermal & Wellness Center

Commercial Strategy Overview

The 5 programs form a coherent pyramid — from Detox as the entry point to Ultimate Longevity as the apex. This architecture allows progressive upgrades to be proposed to the client, maximizing the average ticket and building long-term loyalty.



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Skin Intelligence

Mind-Body Reset

Cellular
Tracking

Ancient Elements

Thermal water &
1912 mineral mud.

Bio-Synergy
Engine

Future
Therapeutics

Hyperbaric oxygen,
IHT, & IV protocols.

Modern
Diagnostics

Real-time metabolic testing &
advanced facial skin scanning.

The Whole is Greater Than the Sum of Its Treatments.

Our proprietary methodology creates a compounding biological loop—diagnosing in real-time, intervening at the cellular level, and recovering in mineral-rich thermal waters.

PROGRAM 01

ADVANCED DETOX & RESET

Deep detoxification and metabolic regeneration program

Designed for patients who need a comprehensive reset of the organism. It combines toxin elimination protocols (lymphatic drainage, detoxifying thermal mud therapy, Detox & Reset IV therapy) with real-time metabolic stimulation and hyperbaric oxygenation. Thermal contrast therapy and red light therapy enhance cellular recovery. Ideal for individuals with chronic fatigue, toxic overload, or accumulated stress who seek a clean starting point before any in-depth treatment.

ADVANCED DETOX & RESET – TREATMENTS INCLUDED

- Nutritional and lifestyle initial assessment
- Real-Time metabolic testing
- Metabolic reset analysis
- Advanced facial skin scan
- Mind-Body reset session
- Medical fitness experience
- Lymphatic drainage therapy
- Luxury thermal mineral circuit
- Detoxifying thermal mud therapy
- Detox and Reset IV therapy
- Recovery IV therapy
- Hyperbaric oxygen therapy
- Intermittent hypoxia therapy (IHT)
- Thermal contrast therapy
- Red light therapy

Reset your body from within. The first step toward lasting health

PROGRAM 02

OPTIMAL WEIGHT AND BODY REBALANCE

Medical body composition and body redefining program

The most comprehensive program in terms of body composition treatments. It includes exclusive protocols such as targeted lipolytic mesotherapy, carboxytherapy, maderotherapy, and three IV therapy modalities (fat metabolism, metabolic boost, and recovery). The combination of body composition analysis with a metabolic training program offers a medically backed value proposition, setting it apart from any conventional spa.

OPTIMAL WEIGHT AND BODY REBALANCE - TREATMENTS INCLUDED

- Nutritional and lifestyle initial assessment
- Body composition analysis
- Metabolic training program
- Metabolic reset analysis
- Real-Time metabolic testing
- Advanced facial skin scan
- Luxury thermal mineral circuit
- Mind-Body reset session
- Body contouring mud therapy
- Metabolic boost IV therapy
- Fat metabolism and performance IV therapy
- Recovery IV therapy
- Hyperbaric oxygen therapy
- Intermittent hypoxia therapy (IHT)
- Thermal contrast therapy
- Red light therapy
- Carboxytherapy body contouring treatment
- Targeted lipolytic mesotherapy
- Lymphatic drainage therapy
- Maderotherapy

Beyond weight loss - rebalance, redefine, and transform the body with medical precision

PROGRAM 03

PEAK PERFORMANCE & RECOVERY

Advanced physical performance and recovery program

Targeted at elite athletes, high-level executives, and demanding profiles who need to optimize their performance and accelerate recovery. It incorporates autologous regenerative therapy, advanced cellular regeneration, clinical acupuncture, and four specialized IV protocols (performance activation, anti-fatigue, and recovery). IHT therapy and the luxury thermal mineral circuit complete a top-tier medical biohacking approach.

PEAK PERFORMANCE & RECOVERY - TREATMENTS INCLUDED

- Nutritional and lifestyle initial assessment
- Real-Time metabolic testing
- Metabolic reset analysis
- Performance optimization training program
- Advanced facial skin scan
- Luxury thermal mineral circuit
- Mind-Body reset session
- Clinical acupuncture therapy
- Autologous regenerative therapy
- Advanced cellular regeneration therapy
- Recovery mineral mud therapy
- Performance activation IV therapy
- Anti-fatigue IV therapy
- Recovery IV therapy
- Hyperbaric oxygen therapy
- Intermittent hypoxia therapy (IHT)
- Thermal contrast therapy
- Red light therapy

Perform more. Recover faster. The program chosen by those who accept no limits

PROGRAM 04

LONGEVITY AND WELL-AGING

Active longevity and healthy aging program

A premium proposal focused on slowing biological aging. It integrates cellular regeneration therapies, mitochondrial optimization IV, bioactive minerals, and daily functional nutritional support. The sleep optimization assessment and structural osteopathy make it a holistic and highly distinctive program. Particularly attractive for clients over 45 with high purchasing power who prioritize long-term quality of life.

LONGEVITY AND WELL-AGING - TREATMENTS INCLUDED

- Nutritional and lifestyle initial assessment
- Real-Time metabolic testing
- Metabolic reset analysis
- Personalized longevity nutrition program
- Advanced facial skin intelligence scan
- Daily functional nutritional support
- Luxury thermal mineral circuit
- Mind-Body reset session
- Clinical acupuncture therapy
- Sleep optimization assessment
- Advanced cellular regeneration therapy
- Cellular support IV therapy
- Mitochondrial optimization IV therapy
- Anti-oxidant and longevity IV therapy
- Bioactive mineral mud therapy
- Longevity movement training
- Structural and mobility optimization (osteopathy)
- Hyperbaric oxygen therapy
- Intermittent hypoxia therapy (IHT)
- Red light therapy

It's not about living more years — it's about living better, more actively, and with greater vitality

PROGRAM 05

ULTIMATE LONGEVITY EXPERIENCE

The flagship program - Total longevity experience

The most exclusive and comprehensive program in the portfolio. It brings together all of the above and adds unique elements: Thermage (structural collagen activator), ultimate longevity mineral mud ritual, daily functional nutritional support, and a final longevity evaluation that closes the cycle with data and personalized projection. It is the signature product to position the center in the international ultra-premium segment.

ULTIMATE LONGEVITY EXPERIENCE - TREATMENTS INCLUDED

- Nutritional and lifestyle initial assessment
- Real-Time metabolic testing
- Metabolic reset analysis
- Personalized longevity nutrition program
- Advanced facial skin intelligence scan
- Daily functional nutritional support
- Skin longevity and structural collagen activator (Thermage)
- Mind body session
- Ultimate longevity mineral mud ritual
- Advanced cellular regeneration therapy
- Advanced cellular mineral rebalancing IV therapy
- Luxury thermal mineral circuit
- Clinical acupuncture therapy
- Mitochondrial optimization IV therapy
- Sleep optimization assessment
- Longevity movement training
- Structural and mobility optimization (osteopathy)
- Hyperbaric oxygen therapy
- Intermittent hypoxia therapy (IHT)
- Red light therapy
- Final longevity evaluation

A unique, unrepeatable, and transformative experience. The pinnacle of luxury medical wellness

Secure Your Longevity

To begin your metabolic optimization and reserve your bespoke itinerary, contact our private medical concierge.



ROYAL SALINAS PALACE

THERMAL & WELLNESS

SINCE 1912



Royal Salinas Palace Thermal & Wellness.
Defining active longevity since 1912.





ROYAL SALINAS PALACE

THERMAL & WELLNESS

SINCE 1912



Premium Medical & Clinical Services

Where rigorous medical precision seamlessly integrates
with uncompromising luxury and thermal wellness.



A Century of Heritage, The Future of Proactive Health

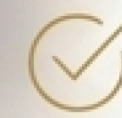
The Legacy: Leveraging the regenerative power of thermal wellness established in 1912.

The Science: Integrating state-of-the-art biometric diagnostics and personalized medicine.

The Synthesis: A holistic care ecosystem where medical credibility and premium hospitality converge to optimize your longevity.



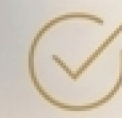
Integrated Wellness and Long-Term Medical Care



Personalized Treatment Plans: Data-driven, bespoke health roadmaps based on diagnostic findings.



Chronic Condition Follow-up: Seamless, continuous physician oversight in a low-stress environment.



Rehabilitation Support: Guided physical and functional recovery combining medical expertise with thermal therapies.



Preventive Medicine Programs: Targeted, proactive interventions designed to maximize cellular health and lifespan.

Advanced Hyperbaric Oxygen Therapy (HBOT) modules.



Regenerative IV Lounges with integrated vital monitoring.



Discreet, private concierge clinical intake.





Begin Your Journey to a Perfect Smile



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